

What
Is.....?

C.A.T.T.S.

C.A.T.T.S is a Clinical Assessment, Triage and Treatment Service that provides you with quick and easy access to an expert opinion on your musculoskeletal (muscle, joint and/or bone) condition.

What conditions can benefit from C.A.T.T.S.?

All musculoskeletal conditions can benefit from the assessment, advice and/or treatment from C.A.T.T.S. These include –

- Back and neck problems
- General aches and pains
- Shoulder, elbow and hand problems
- Arthritis
- Hip, knee, ankle and foot problems

How does C.A.T.T.S work?

The Service has team of specialist health professionals who have an in-depth knowledge of musculoskeletal problems. They will ask you a series of questions and perform a thorough assessment of your problem. If necessary they may also recommend other investigations e.g. X-rays, blood tests etc be done so that the nature of the problem is established. Depending on the findings during the assessment, you may be referred to Physiotherapy, a Specialist in the Hospital, or perhaps offered some advice on managing your condition yourself. In all circumstances they will communicate with your GP to ensure that you are getting the best possible care.

How can I access the C.A.T.T.S Team?

To access the C.A.T.T.S team you need to be directly referred by participating local GP Practices.

The Service enables you to see the right person, at the right time, so you can receive the best possible advice and/or treatment.



**Crystal Palace Physiotherapy
& Sports Injury Centre**

Get help now by calling us on
020 8778 9050